

—LIFESTYLE—

FOOD, TRAVEL AND INTERIORS INSPIRATION



AUSTRALIAN SOUL

From the best domestic travel experiences to our answer to the national cuisine – a Melbourne cafe-style brunch – and interiors with a connection to country, we're flying the flag for Australian style.

Bangalay Luxury Villas on the New South Wales South Coast is topping our Oz travel wish list.

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BEAUTY

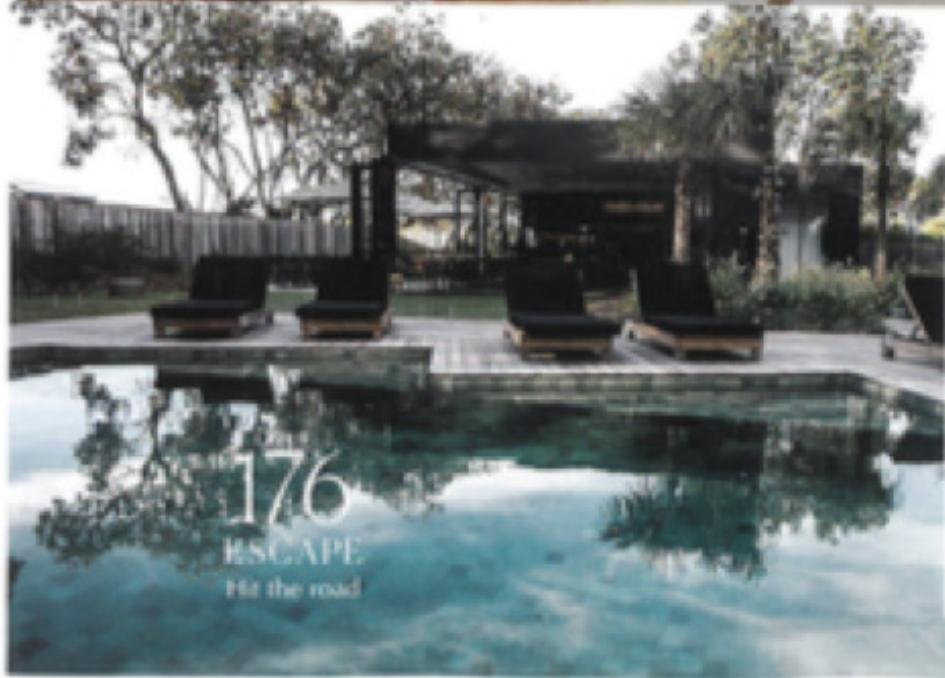
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ESCAPE

Hit the road



THE WEEK END

From beach
to bush, the
playgrounds
in our own
backyard are
opening up for
business and
— best of all —
we've got them
all to ourselves

AUSTRALIAN



FROM TOP The pool deck at Bangalay Luxury Villas; horseriding on Seven Mile Beach; and the boutique hotel's self-contained villas and landscaped gardens.

SEVEN MILE BEACH ON HORSEBACK, NSW

There's something about horses on a beach that feels like freedom. With about 13 kilometres of uninterrupted shoreline from Shoalhaven Heads to Gerroa, you get maximum wind-in-your-hair escapism. Horseriding on Seven Mile Beach with Regal Riding School (by way of Bangalay Luxury Villas) takes you through the National Park and onto the sand in a moment of pure pleasure. The place to stay for such an adventure is Bangalay Luxury Villas, which caps off a day of natural wonder with relaxed and refined villas (each with north-facing decks and fireplaces) and great food with a view, by resident chef Brent Strong, who fuses Asian and native flavours. In the area, don't miss Few & Far in Berry for homewares, wine tasting at Coolangatta Estate and Hampden Deli in Kangaroo Valley. The South Coast was affected by bushfires, so bring an Esky to fill with local produce.



MAKE IT HAPPEN

By car, Shoalhaven Heads is about two hours from Sydney and three hours from Canberra.

Accommodation at Bangalay Luxury Villas ranges from one to four bedrooms, starting at \$450 per night. Visit bangalayvillas.com.au

